

Walk 200,000 steps representing the 200,000+ patients admitted to ICU every year across Australia and New Zealand



Across Australia and New Zealand, 1 in 2 people will require intensive care at some point during their lives.

This can be a sudden, severe, life threatening illness and have a gut-wrenching effect on families. It requires advanced medical skill & equipment; vigilance, often on the spot decisions, and round the clock nursing care.

About Us

The Australia and New Zealand Intensive Care Foundation (ICF) is the only bi-national body dedicated to funding early-career intensive care research across Australia and New Zealand.

Thanks to decades of investment in research, education and training, ANZ ICU survival rates are over 92%. This is above the global average of 87%, equating to approximately 10,000 additional lives saved in ANZ each year. ICF supported research has been central to achieving this.

Since 1990, the ICF has funded over 160 research projects. Australia and New Zealand are recognised global leaders in intensive care research. ICF funded studies have been published in journals and adopted into clinical guidelines internationally.

Our funded research has covered many areas within intensive care:

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|  Brain & Neurological |  Sepsis & Infection |  Trauma & Emergency |
|  Heart & Circulatory |  Kidney & Organ Support |  Recovery & Rehab |
|  Lung & Respiratory |  Medicines & Treatments |  System Improvement |

Funds raised through StepUp4ICU help advance life-saving research and support education for ICU professionals and provide opportunities for the next generation of intensive care leaders.